

WHERE TO GO WHEN YOU NEED MEDICAL ATTENTION



Your Primary Care Physician (PCP) office is your Medical Home and is the first place to call with any health care needs and questions. Your physician has your history and is often able to help you.

PRIMARY CARE PHYSICIAN



Reasons to see your Medical Home include:

Chronic Conditions like:

- Hypertension/High Blood Pressure
- Diabetes/High Blood Sugar
- High Lipids/Cholesterol
- Heart Disease
- Arthritis
- Depression

Acute Conditions like:

- Headache and/or fever
- Urinary tract infection
- Minor injuries
- Low back pain

Coordination of Care

- After Hospital, Skilled Nursing Home or Home Health Discharge
- After ER Evaluation

Benefits of visiting PCP

- Low copay for most plans
- Medical history is available
- Established relationship with your physician and clinical staff

DOCTOR ON DEMAND



Reasons to use a video visit with a physician include:

- Cough, cold or flu
- Minor strains & sprains
- Bronchitis & sinus infection
- Skin & eye issues
- Upset stomach
- Urinary tract/bladder infections
- Rashes
- Pediatric issues
- Psychological issues
- Visit with a licensed therapist

Benefits of using Doctor On Demand:

- Low copay and 24/7 hours
- Board certified physicians
- Licensed psychologists
- Use smartphone or tablet
- Available throughout U.S.
- Use when PCP/EHCC are unavailable to you

Text “**FHCP**” to **68938**
or visit
doctorondemand.com/fhcp
to download today!

EXTENDED HOURS CARE CENTERS



Reasons to visit an EHCC include:

- Acute minor trauma
- Cough, cold or flu
- Strains & sprains
- Minor allergic reactions
- Immunizations
- Low back pain
- Placement of stitches for a cut/laceration
- Removal of stitches
- Urinary tract/bladder infections

Benefits of visiting an EHCC:

- Nine locations in Volusia and Flagler Counties with physicians and advanced practitioners
- WorkForce Wellness rider is accepted
- Same-day appointments
- Shorter wait time
- Significant savings over ER

If your local FHCP Extended Hours Care Center is closed, please consider visiting the nearest FHCP participating Urgent Care Center.

EMERGENCY ROOM



Reasons to visit the Emergency Room include:

- Any life-threatening emergency
- Any severe illness or injury
- Unresponsiveness
- Chest pain
- Weakness on one side
- Inability to speak
- Spine or head injury
- Mental status change
- Difficulty breathing
- Uncontrolled bleeding
- Poisoning



**Florida
Health Care
Plans**



An Independent Licensee of the Blue Cross and Blue Shield Association

FLORIDA HEALTH CARE PLANS EXTENDED HOURS CARE CENTERS Call Central Scheduling at **386-676-7198** to Set Up an Appointment Today!

MediQuick Palm Coast - North

6 Office Park Dr.
Palm Coast, FL 32137
386-447-6615
Mon - Fri: 8 a.m. - 8 p.m.
Sat: 8 a.m. - 6 p.m.
Sun: 10 a.m. - 5 p.m.

MediQuick Palm Coast - South

140 Pinnacles Dr.
Palm Coast, FL 32164
386-597-2829
Mon - Fri: 8 a.m. - 8 p.m.
Sat: 8 a.m. - 6 p.m.
Sun: 10 a.m. - 5 p.m.

FHCP - Ormond Beach

461 S. Nova Rd.
Ormond Beach, FL 32174
386-671-4337
Mon - Fri: 7 a.m. - 7 p.m.

FHCP - Daytona Beach

320 N. Clyde Morris Blvd., Ste. D
Daytona Beach, FL 32114
386-238-3204
Mon - Fri: 7 a.m. - 7 p.m.
Sat: 8 a.m. - Noon

Advanced Urgent Care Port Orange

1690 Dunlawton Ave., Ste. 120
Port Orange, FL 32127
386-763-4915
Mon - Fri: 7 a.m. - 10 p.m.
Sat & Sun: 9 a.m. - 7 p.m.

FHCP - Edgewater

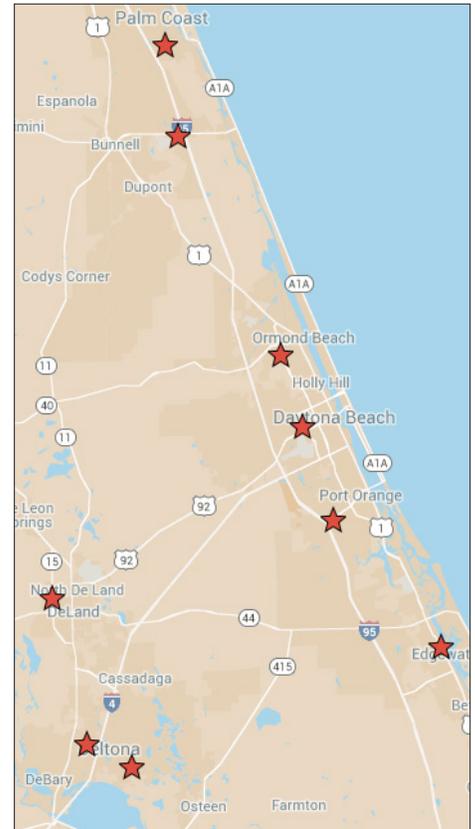
239 N. Ridgewood Ave.
Edgewater, FL 32132
386-427-4868
Mon - Fri: 7 a.m. - 7 p.m.
Sat: 8 a.m. - Noon

FHCP - DeLand

937 N. Spring Garden Ave.
Deland, FL 32720
386-736-1948
Mon - Fri: 7 a.m. - 7 p.m.

FHCP - Orange City

2777 Enterprise Rd.
Orange City, FL 32763
386-774-2550
Mon - Fri: 7 a.m. - 7 p.m.
Sat: 8 a.m. - Noon



Avoid unnecessary, costly Emergency Room visits, and save time by using one of FHCP's Extended Hours Care Centers. Our EHCCs offer same-day appointments and are conveniently located throughout the community.

For additional questions, please contact Member Services from 8 a.m. to 8 p.m., 7 days a week at: **1-877-615-4022** (TRS Relay 711).

For a complete list of Urgent Care centers, please visit:
providersearch.fhcp.com